

TRANSFORMING LIVES

A Professional Training Intensive I For Healers, Coaches and Therapists

7th - 8th Nov. 2020

"The deepest need of every human is to be truly accepted, heard, seen and welcomed home."

Transformational work with clients and groups is an important calling of our time! Learn to guide people on their journey of awakening, healing and embodiment, evolve personally and expand your expertise. In this high level, hands on training you have the opportunity to grow and to apply profound skills for working with people – in an empowering, soulful and life changing way!

Discover, learn and strengthen essential capacities for transformation:

- ~ Apply an integrated approach based on mindfulness, emotional intelligence, somatic experiencing, relational and spiritual connection
 - ~ Lead in a connected, present and heart centered way
- ~ Use the present, felt experience as the main catalyst for lasting change
 - ~ Engage resonance communication to lead into deeper connection
 - ~ Establish a safe container for transformation to naturally occur
- ~ Take your seat in loving presence even when challenges and intensity arise
 - ~ Navigate and differentiate between trauma activation and awakening
 - ~ Align your energy system and practice self care
- ~ Practice riding the rapids and guide people skillfully through any storm
- ~ Discover the principles and how any situation can be used for transformation
 - ~ Teach and guide in a playful, integrated and experiential way
- ~ Work from organic intelligence and soul in benefit of your client or group
 - ~ Unite spirituality and down to earth skills
- ~ Offer the medicine that can cure the deepest wounds at the core

Join to receive effective, powerful and gracious ways for transforming lives and yourself for such a time as this! We offer 14 CPD hours for this professional training module I.

"This training was outstanding and made a significant difference to my work with clients and for myself. What Nicola teaches gets to the core and truly changes lives from inside out!" Amy Baldwin, Educator and Coach



Nicola Amadora PhD. has successfully worked with thousands of individuals and groups for thirty years internationally. She offers in depth experience and expertise as a cert. Hakomi Therapist, Transpersonal Psychologist, Spiritual Teacher, Leadership and Relationship Educator. She has guided individuals, couples, families, large groups and organizations from diverse cultures and backgrounds. Nicola is committed to support transformational leaders, healers and people who are dedicated to awaken and to ignite positive change in our world. www.nicolaamadora.com

THE PRACTICAL DETAILS:

When: 7th - 8th Feb. 2020, Saturday 10.30 am – 21pm, Sunday 10.30 am - 5pm.

Where: Philadelphia Association in London, 4 Marty's Yard, 17 Hampstead High Street, London NW3 1QW <https://www.philadelphia-association.com/>

Cost: Tuition for Training is: £280. **Early Bird Offer:** If you pay the entire amount in one swoop before Aug 1st the fee is: £250.

Sign up: Space is limited. Your place is reserved once you paid the **deposit of £150**. The remaining balance is due by latest October 1st 2020. If you cancel by Aug.1st your deposit will be refunded minus a £20 admin fee. After that no refunds can be offered. In case of government restrictions for Covid your full fee is refunded or you can use it toward an online training. Use the early bird discount, if you sign up before Aug.1st and pay the entire fee.

Application: Email Maggie March to apply: maggiemarch1@gmail.com

Payment: Bank Account in England: 38674957 UK Sort Code: 23-14-70. Address: Nicola Amadora, TransferWise, 56 Shoreditch High Street, London, E16JJ, UK

Questions? Dr. Nicola Amadora at nicolaamadora@gmail.com. Email Maggie March to apply: maggiemarch1@gmail.com

You will receive directions and further details by Oct 1st.
Thank you so much for joining the 'Transforming Lives Training'!

What Participants of the Transforming Lives Training say:

"For me this training was exceptional and truly transformational. My work with people lifted to a whole new level. My groups are much more connected in a real way and I am too. Nicola is highly skilled, she is a genius in this field." Marci Schimoff, Transformational Leader and Speaker

Thank you so much for a wonderful 'transforming lives training'. I have benefited enormously from your structured and succinct delivery of your content. Particularly the rhythm between teaching and experiential exercises was beautifully delivered and really brought home all the more theoretical concepts. I have attended many CPD events and I have never felt so enriched as a person, but also for my professional life. I'm hoping that many more will make use of what you have honed over so many years. I feel empowered to bring a more spiritual perspective to my work with my clients you have helped me see a way to do that without scaring people. I look forward the module 2 training."~ Nicola Hobson, England, Psychotherapist

"Nicola is masterful and elegant, she gets to the core. I have seen her in action and the results are remarkable, both in her work with clients and groups. In the training she showed us in an experiential way to work with people from presence, connection and love and get to a far deeper level to help people and ourselves. I can now participate more powerfully in life for the greater good!" Sergio Baroni, Lic. Psychotherapist

"It is rare to find a teacher, leader and healer who truly walks the talk and practices the teachings and wisdom that they share with others. Nicola is one of these rare and invaluable teachers. My clients, groups and myself benefit greatly from the training. I am so glad I attended and I will continue!" Kaliea Hansen, Social Worker

"I have just recently returned from a three day intensive - 'Transforming Lives' with Nicola Amadora. I cannot find enough superlatives to describe how transformative I found this training both personally and as a transpersonal psychotherapist. Nicola gracefully and passionately embodies a grounded, deeply insightful and authentic sense of awareness that guided me to both a far deeper sense of myself and to an awe-inspiring understanding of how to bring deep transformation to my clients. I cannot recommend this training highly enough to anyone who is called to sit alongside others on their journey here in any capacity. I truly felt in the core of my being the depth of the calling that Nicola upholds to help everyone on their healing journey and left the training with some wonderful tools to do just that. My heartfelt deep appreciation and gratitude - THANK YOU Nicola." ~ Maggie March, Dip.Psych, Psychotherapist and Supervisor

"You will find Nicola Amadora in the place where heaven and earth meet. With great intuitive skill, Nicola was able to give us invaluable training at the same time as a deep, personal experience of transformation and hold all of this with her wonderful, balanced being which is both spiritual and human. We laughed a great deal too!" ~ Sarah Hamilton, Sufi Teacher and Psychotherapist

"Like a fine tapestry, Nicola weaves together many different threads. The most important for me was gaining deep experiential and theoretical knowledge of a spiritual path, and how to integrate this into life. I would highly recommend her to anyone seeking to lead others into a knowledge of themselves. My time with her was a joyful and heart opening experience. I also appreciate the fineness of your awareness which helped me tremendously. It was such a rich experience being part of this training and to learn from you." ~Kim Paumier, Retreat Leader

"Training with Nicola Amadora for several years now has changed my life for the better. It has improved my way of being with clients and my ability to be of service immeasurably. I feel deeply fortunate to have found a teacher like her." David Solomon, Workshop Facilitator and Leader

Read more Reviews and Information about the Training here:

<https://www.nicolaamadora.com/services/trainings/transforming-lives/>

We are looking forward to welcome you!