

# Love and Power

## The Woman's Way in Relationships and Life

Nicola Amadora and Lindy James

*In this exquisite course for women you are invited to:*

**Step into grace...**

- ~ Live from the natural elegance and dignity of a queen.
- ~ Fully embrace your vulnerability and be at ease with your own body.
- ~ Move from oppression and struggle into the true power of the feminine.
- ~ Rejoice in the sensuality and fullness of your womanhood.
- ~ Learn practical skills for loving and healthy relationships.
- ~ Deepen in the art of giving and receiving love.
- ~ Stay connected and true to yourself in the midst of relationships
- ~ Be present to stillness and honor the voice of your innate wisdom.
- ~ Connect intimately with the Source and ride courageously the waves of change.

*...offer your gifts in benefit for all beings!*



Sponsored by:



**July 21 & July 22, 2012**

**Free Introductory Evening: May 30, 7:30pm Pacific Cultural Center**

**Cost: \$250, Early Bird Registration (before June 21) \$195**

**Creative financing is available. 10% of the proceeds are donated to stop child trafficking.**

**At a beautiful home in Santa Cruz, CA.**

**Contact: Lindy 831.662.3768 or [Lindy@LindyJames.com](mailto:Lindy@LindyJames.com)**

**For more info please visit: [www.thewomansway.org](http://www.thewomansway.org)**



**Nicola Amadora, PhD** has been leading trainings and retreats in Europe and the USA for 20 years. She is a Dharma teacher and Hakomi therapist. She was an educator at the Findhorn Foundation, has successfully directed a spiritual center and raised a beautiful daughter. For many years she teaches retreats and leadership trainings for women. It is her joy to support people

in their awakening and living real love in their relationships and in our world. Nicola is known for her integrity and a fierce, tender love for all beings.

[www.nicolaamadora.com](http://www.nicolaamadora.com)

**Lindy James, CTE** has been a practitioner of Tantra for 20 years and offers sessions in the "Art of Conscious Loving" for individuals, couples and groups. She is a graduate of the Hakomi Institute and is pioneering the use of mindfulness therapy together with horseback riding. Her genuine intimacy, playfulness and wisdom combined bring about a feeling of disarming qualities in clients. "In all my work my essential focus is sacred intimacy."



[www.LindyJames.com](http://www.LindyJames.com)