

Love and Power

Empowering Women - Living Love

With Nicola Amadora and Lindy James

An exquisite course with: **Women, Horses, the Ocean and YOU!**

We invite you to connect deeply with the fullness of who you truly are and naturally grow loving relationships in your life!

Step into grace...

- ~ Be present to stillness and honor the voice of your innate wisdom.
- ~ Fully embrace your vulnerability and be at ease with your own body.
- ~ Move from oppression and struggle into the true power of the feminine.
- ~ Rejoice in the sensuality and fullness of your womanhood.
- ~ Learn practical skills for loving and healthy relationships.
- ~ Deepen in the art of giving and receiving love.
- ~ Stay connected and true to yourself in the midst of relationships
- ~ Connect intimately with the Source and ride courageously the waves of change.

...offer your gifts in benefit for all beings!



October 20 & 21, 2012

Free introductory conference call Sept 23, 7-8 pm. Email us for call info

Cost: early bird \$195 (by 23rd September) \$260 there after.

No previous horse riding experience necessary. 10% of the proceeds are donated to stop child trafficking.

At a beautiful home in Santa Cruz, CA.

Contact: Lindy 831.662.3768 or Lindy@LindyJames.com

For more info please visit: The Woman's Way



Nicola Amadora, PhD has been leading trainings and retreats in Europe and the USA for 20 years. She is a Dharma teacher, Hakomi therapist and certified horse riding therapist. She was an educator at the Findhorn Foundation, has successfully directed a spiritual center and raised a beautiful daughter. For many years she teaches retreats and leadership trainings for women. It is her

joy to support people in their awakening and living real love in their relationships and in our world. Nicola is known for her integrity and a fierce, tender love for all beings.

www.nicolaamadora.com

Lindy James, CTE has been a practitioner of Tantra for 20 years and offers sessions in the "Art of Conscious Loving" for individuals, couples and groups. She is a graduate of the Hakomi Institute and is pioneering the use of mindfulness therapy together with horseback riding. Her genuine intimacy, playfulness and wisdom combined bring about a feeling of disarming qualities in clients. "In all my work my essential focus is sacred intimacy."



The Woman's Way

www.LindyJames.com